

Your support makes all the difference!

The American Red Cross LaPorte County Chapter needs your support. By participating in the 5k Run & Health Walk you will be supporting LaPorte County and its Red Cross Chapter. Your donation will help your county and neighbors in times of emergency.

During 2012-2013, the LaPorte County Chapter helped 148 individuals by providing basic needs to those in need after a fire. The Chapter provided food and beverages to rescue personnel and provided ice, water and showers after the Center Township storm. The cost to provide all services was just over \$24,000.

So dust off those running shoes and come on out and support the American Red Cross LaPorte County Chapter. Again, your support will be used for emergency assistance for LaPorte County and your neighbors.



Contact:

American Red Cross LaPorte County

Phone: 219-874-4247

Fax: 219-874-2023

For more information:

www.active.com



113 Warren Road
Michigan City, IN 46360

5k Run & Fun Walk Saturday, September 21, 2013

**Registration 7:30 am
Run/Walk 8:30 am**

In front of the LaPorte YMCA
Corner of Michigan & Maple

at the

Sunflower Fair

LaPorte, IN



To benefit



**American
Red Cross**
LaPorte County Chapter

Proceeds Stay in LaPorte County

*Disaster Preparedness & Response
Emergency Military Communications
Blood Procurement*

5k Registration Form

On line registration at www.active.com

Name _____

Address _____

City/State/Zip _____

E-mail _____

Phone _____

Please select:

5k Run: **Pre-Registration:** _____ Runners 14 & Under (\$15) _____ 15 & Over (\$20) **Day of Race:** _____ 14 & Under (\$15) _____ 15 & Over (\$25)

Fun Walk: **Pre-Registration:** _____ Walkers 14 & Under (\$10) _____ 15 & Over (\$15) **Day of Race:** _____ 14 & Under (\$10) _____ 15 & Over (20)

Age Group: ___ under 11, ___ 11—14, ___ 15-19, ___ 20-24, ___ 25-29, ___ 30-34, ___ 35-39, ___ 40-44, ___ 45-49, ___ 50-54, ___ 55-59, ___ 60-64, ___ 65-69, ___ 70-74, ___ 75-over

Age on Day of Race: _____ **Sex:** _____ Male _____ Female

Shirt Size: _____ Small _____ Medium _____ Large _____ X-Large

Tech shirts guaranteed to pre-registered participants only. T-shirts will be given to walkers and race day registered runners.

Method of Payment

Cash

Check—Please make checks

payable to **American Red Cross**

For Credit Cards, please register at www.active.com.

I, the undersigned, in consideration of my participation in the American Red Cross 5k Run & Health Walk, do hereby agree to indemnify and hold harmless the LaPorte County Chapter of the American Red Cross, the American Red Cross and the Sunflower Fair organizers, agents & employees, from and against any losses, costs, damages, and expenses, including attorney fees, arising out of or resulting from, claims, suits, by or on behalf of any person, for any injuries to my person, including death, arising from my participation in that event.

I HAVE READ AND AGREE TO THIS WAIVER

Date: _____

Signature: (Parent's Signature, if minor) _____

Mail Registration forms to:

American Red Cross-LaPorte County
113 Warren Road
Michigan City, IN 46360

For additional information:
Call Red Cross at 219-874-4247, or visit
www.active.com